

Activity 5: Tools for Food

Today, your child is going to make cactus fruit tongs. Explain to your child that the Hopi women gathered the fruit from the cactus plant. To avoid being stuck by the quills, they made tongs from stiff fibers of dead cactus.

Your child will also watch a video to learn about throwing sticks that hunters used to use. Throwing sticks carved from wood were used to hunt small game such as rabbits.

Give her the instructions for the tools found on the "Tools for Food" page, and let her follow the directions. When she has finished the tools, tell her to pretend she is a Native American who is hunting and gathering food for her family.

Throwing Stick
www.movingbeyondthepage.com/link/9066/

Tools for Food

Materials:

- 2 wooden sticks (popsicle sticks, dowel rods, chopsticks, etc.)
- rubber bands
- brown construction paper
- scissors
- glue or tape

Instructions:

1. Cut out a 1 inch strip along the long edge of your construction paper.
2. Roll the strip of construction paper up so that you have a tight cylinder.
3. Glue/tape the end of the construction paper down so that the cylinder does not unroll.
4. Place the cylinder between your two sticks, about an inch from the the top.
5. Twist your rubber bands around both sticks, and make sure they go both above and below the paper cylinder.

